

Year 9 PSHE Lesson Map 2020 - 2021

Week	Dates w/b	Year 9
1	7th Sept	Welcome back
2	14th Sept	Mental health – how can we cope when times get tough? Where can we access support?
3	21st Sept	Parliament – What is democracy and how does it work in the UK?
4	28th Sept	Voting systems – What are the advantages and disadvantages of different voting systems?
5	5th Oct	County lines – How do people get trapped in county lines?
6	12th Oct	Knife crime – Why might a person choose to carry a knife?
7	19th Oct	Radicalisation/extremism – Why could extremist views be considered dangerous?
		October half term
8	2nd Nov	Sexual pressure - What is consent and how do we know it has been given?
9	9th Nov	Sexual health - What are the pros and cons of different types of contraception?
10	16th Nov	Sexual health - How can we effectively protect ourselves from Sexually Transmitted Infections (STIs)?
11	23rd Nov	Pregnancy - What are the consequences of teenage pregnancy?
12	30th Nov	Domestic abuse and coercion - Can you recognise signs of abuse in a relationship?
13	7th Dec	Stalking and harassment - How serious can stalking and harassment be?
14	14th Dec	Forced marriage - What is the law around forced and arranged marriage?
		Christmas
15	4th Jan	Gambling - What are the risks associated with gambling?
16	11th Jan	Careers - Exploring industries/careers
17	18th Jan	Careers - Employability skills
18	25th Jan	Careers - Introduction to apprenticeships
19	1st Feb	SAFER INTERNET WEEK - Online presence/image
20	8th Feb	Awareness campaign - The dangers of sexting
		February half term
21	22nd Feb	DIVERSITY WEEK - LGBTQ+
22	1st March	Smoking - Comparing the risks of smoking vs vaping
23	8th March	Alcohol - What risks are associated with the misuse of alcohol?
24	15th March	Drugs - The risks to your physical and mental wellbeing
25	22nd March	Drugs - The law relating to drug involvement and links to crime
26	29th March	Decision making exercise - Should the government should ban smoking and vaping to save the NHS?
		Easter
27	19th April	Personal finance - What are the costs of running your home?
28	26th April	Personal finances - Can money buy you happiness?
29	3rd May	Personal finances - How can good budgeting help to keep your finances in credit?
30	10th May	Self examination - How can self-examination reduce our cancer risk?
31	17th May	Organ donation - What are the ethical and legal issues around organ donation?
32	24th May	Euthanasia - Should euthanasia be legalised?
		Whitsun half term
33	7th June	Mental Health Week - Understanding self-harm
34	14th June	Sleep - What strategies can I use to get a healthy amount of sleep?
35	21st June	Food and diets - what are the risks associated with obesity?
36	28th June	Understanding eating disorders
37	5th July	Mop up sessions
38	12th July	Mop up sessions
39	19th July	Mop up sessions
		Summer holidays