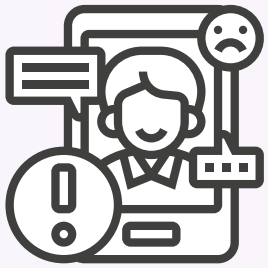
Conversation starters

Safer Internet Day 2022 is a fantastic opportunity to have a conversation with your child about life online, and especially this year's theme, '**All fun and games? Exploring respect and relationships online.**'

Use the questions below to help start discussions about how we can all use the internet safely, respectfully, responsibly, and positively when gaming and spending time online.

Start the conversation on a positive note:

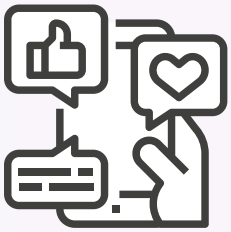
- What do you like most about the internet and why?
- How do you have fun using the internet and technology?
- What's your favourite game, app or website?
- How does going online make you feel?
- How does the internet and technology make your life better?
- Do you most enjoy going online alone, or with other people?



Talk about relationships and communicating online:

- Who do you communicate with online? What different methods do you use to communicate online? (E.g. in-game chat, video calls, group chats, etc.)
- What is good about communicating online?
- What can be challenging about communicating online?
- What is different about talking to someone online compared to talking face to face?
- How much can you trust people you only know online?
- What do you and your friends do to keep yourselves safe and happy, when you are chatting and communicating online?

Talk about respect online:



- What does respect mean to you? What does it look like online?
- What does disrespect look like online?
- What makes a good friend online?
- What can you do if you fall out with a friend online?
- Do people disagree more online or offline? Why do you think that is?
- What could you do if someone you were talking to online was unkind to you, or made you feel worried, upset, or uncomfortable?

Talk about looking after yourself and others online:

- How do you stay safe online? What tips do you have and where did you learn them?
- Do you know where to go for help and where to find the safety tools on your favourite apps and games?
- What could you do if being online is making you feel worse rather than better?
- What could you do if you saw that a friend online needed some help or support?