

Year 10 Programme of Study 2024-2025

	10x/PE1	10x/PE2	10x/PE3	10x/PE4	10y/PE1	10y/PE2	10y/PE3
03.09.24 – 04.10.24 (5 weeks)	Netball <i>(Trainers)</i>	Ultimate Frisbee <i>(Outside/Boots)</i>	Football <i>(Outside/Boots)</i>	Football <i>(Outside/Boots)</i>	Ultimate Frisbee <i>(Outside/Boots)</i>	Netball <i>(Trainers)</i>	Rugby <i>(Outside/Boots)</i>
07.10.24 – 25.10.24 (3 weeks)	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>	Cross Country <i>(Outside/Boots)</i>
04.11.24 – 22.11.24 (3 weeks)	Table Tennis <i>(Trainers)</i>	Dance <i>(Trainers)</i>	Rugby <i>(Outside/Boots)</i>	Rugby <i>(Outside/Boots)</i>	Table Tennis <i>(Trainers)</i>	Fitness <i>(Trainers)</i>	American Football <i>(Outside/Boots)</i>
25.11.24 – 20.12.24 (4 weeks)	Dance <i>(Trainers)</i>	Table Tennis <i>(Trainers)</i>	Fitness <i>(Trainers)</i>	Badminton <i>(Trainers)</i>	Football <i>(Outside/Boots)</i>	Dance <i>(Trainers)</i>	Table Tennis <i>(Trainers)</i>
06.01.25 – 31.01.25 (4 weeks)	Badminton <i>(Trainers)</i>	Fitness <i>(Trainers)</i>	Table Tennis <i>(Trainers)</i>	Handball <i>(Outside/Boots)</i>	Badminton <i>(Trainers)</i>	Table Tennis <i>(Trainers)</i>	Football <i>(Outside/Boots)</i>
03.02.25 – 07.03.25 (4 weeks)	Fitness <i>(Trainers)</i>	Badminton <i>(Trainers)</i>	Handball <i>(Outside/Boots)</i>	Table Tennis <i>(Trainers)</i>	Handball <i>(Outside/Boots)</i>	Badminton <i>(Trainers)</i>	Fitness <i>(Trainers)</i>
10.03.25 – 04.04.25 (4 weeks)	Ultimate Frisbee <i>(Outside/Boots)</i>	Netball <i>(Trainers)</i>	American Football <i>(Outside/Boots)</i>	American Football <i>(Outside/Boots)</i>	Fitness <i>(Trainers)</i>	Ultimate Frisbee <i>(Outside/Boots)</i>	Badminton <i>(Trainers)</i>
22.04.25 – 16.05.25 (4 weeks)	L1 – Athletics L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Athletics	L1 – Athletics L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Athletics	L1 – Athletics L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Athletics	L1 – Athletics L2 – Striking & Fielding
19.05.25 – 18.07.25 (4 weeks)	L1 – Multi Activity L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Multi Activity	L1 – Multi Activity L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Multi Activity	L1 – Multi Activity L2 – Striking & Fielding	L1 – Striking & Fielding L2 – Multi Activity	L1 – Multi Activity L2 – Striking & Fielding

Rounders/Cricket - Lessons likely to be on the Astro and Grass. Boots likely to be required until May Half term.