Year 11 Programme of Study 2025-2026

	11x/PE1 Mon1 / Th3 Mon1 / Tu2	**11x/PE2** Mon1 / Th3 Mon1 / Tu2	**11x/PE3** Mon1 / Th3 Mon1 / Tu2	**11x/PE4** Mon1 / Th3 Mon1 / Tu2	**11y/PE1** Mon5 / Fri2 Tu1 / Fri5	**11y/PE2** Mon5 / Fri2 Tu1 / Fri5	**11y/PE3** Mon5 / Fri2 Tu1 / Fri5
03.09.25 – 03.10.25 (4 weeks)	Netball *(Trainers)*	Badminton *(Trainers)*	Football *(Outside/Boots)*	Football *(Outside/Boots)*	Netball *(Trainers)*	Badminton *(Trainers)*	Football *(Outside/Boots)*
06.10.25 – 07.11.25 (4 weeks)	Badminton *(Trainers)*	Fitness *(Trainers)*	Hockey *(Outside/Boots)*	Rugby *(Outside/Boots)*	Badminton *(Trainers)*	Fitness *(Trainers)*	Rugby *(Outside/Boots)*
10.11.25 – 12.12.25 (5 weeks) ***Y11 Mocks 17.11.25***	First Aid *(Classroom)*	Dance *(Trainers)*	Basketball / Badminton *(Trainers)*	American Football *(Outside/Boots)*	First Aid *(Classroom)*	Dance *(Trainers)*	American Football *(Outside/Boots)*
15.12.25 – 23.01.26 (4 weeks) ***Y11 Mocks 12.01.26***	Table Tennis *(Trainers)*	First Aid *(Classroom)*	Fitness *(Trainers)*	Basketball / Badminton *(Trainers)*	Table Tennis *(Trainers)*	First Aid *(Classroom)*	Basketball *(Trainers)*
26.01.26 – 27.02.26 (4 weeks)	Football *(Outside/Boots)*	Table Tennis *(Trainers)*	First Aid *(Classroom)*	Handball *(Outside/Boots)*	Football *(Outside/Boots)*	Table Tennis *(Trainers)*	Badminton *(Trainers)*
02.03.26 – 27.03.26 (4 weeks)	Handball / Hockey *(Outside/Boots)*	Frisbee *(Outside/Boots)*	Handball *(Outside/Boots)*	First Aid *(Classroom)*	Handball / Hockey *(Outside/Boots)*	Frisbee *(Outside/Boots)*	First Aid *(Classroom)*
13.05.26 – 12.06.26 (8 weeks) ***Y10 Mocks 08.06.26***	Summer Activities	Summer Activities	Summer Activities	Summer Activities	Summer Activities	Summer Activities	Summer Activities