

Year 8 Programme of Study 2025-2026

	8x/PE1 Mon2 / Th5 Mon5 / Th2	8x/PE2 Mon2 / Th5 Mon5 / Th2	8x/PE3 Mon2 / Th5 Mon5 / Th2	8y/PE1 Wed5 / Fri4 Mon4 / Wed1	8y/PE2 Wed5 / Fri4 Mon4 / Wed1
03.09.25 – 03.10.25 (5 weeks)	Gymnastics (Indoor/Bare Feet)	Football (Outside/Boots)	Netball (Trainers)	Gymnastics (Indoor/Bare Feet)	Netball (Trainers)
06.10.25 – 24.10.25 (3 weeks)	Dance (Indoor/Bare Feet)	Cross Country (Outside/Boots)	Cross Country (Outside/Boots)	Dance (Indoor/Bare Feet)	Cross Country (Outside/Boots)
03.11.25 – 28.11.25 (4 weeks)	Cross Country (Outside/Boots)	Dance (Indoor/Bare Feet)	Hockey (Outside/Boots)	Cross Country (Outside/Boots)	Hockey (Outside/Boots)
01.12.25 – 19.12.25 (3 weeks)	Badminton (Trainers)	Gymnastics (Indoor/Bare Feet)	Dance (Indoor/Bare Feet)	Badminton (Trainers)	Dance (Indoor/Bare Feet)
05.01.26 – 30.01.26 (4 weeks)	Football (Outside/Boots)	Badminton (Trainers)	Gymnastics (Indoor/Bare Feet)	Football (Outside/Boots)	Gymnastics (Indoor/Bare Feet)
02.02.26 – 06.03.26 (4 weeks)	Hockey (Outside/Boots)	Netball (Trainers)	Badminton (Trainers)	Netball (Trainers)	Badminton (Trainers)
09.03.26 – 27.03.26 (3 weeks)	Leadership (Trainers)	Leadership (Trainers)	Leadership/Indoor Athletics (Trainers)	Leadership (Trainers)	Leadership/Indoor Athletics (Trainers)
13.04.26 – 08.05.26 (4 weeks)	L1 – Athletics L2 – Rounders	L1 – Rounders L2 – Athletics	L1 – Athletics L2 – Cricket	L1 – Athletics L2 – Rounders	L1 – Rounders L2 – Athletics
11.05.26 – 12.06.26 (4 weeks)	L1 – Athletics L2 – Softball	L1 – Cricket L2 – Athletics	L1 – Athletics L2 – Softball	L1 – Athletics L2 – Softball	L1 – Cricket L2 – Athletics
15.06.26 – 21.07.26 (5 weeks)	L1 – Athletics / S&F L2 – OAA	L1 – OAA L2 – Athletics / S&F	L1 – Athletics / S&F L2 – OAA	L1 – Athletics / S&F L2 – OAA	L1 – OAA L2 – Athletics / S&F

S&F – Striking and Fielding games such as rounders/cricket/softball. Lessons will be outside and may require boots for term 5 (April to May)

OAA – Outdoor Adventurous Activities. Lessons will be outside.