

Year 9 Programme of Study 2025-2026

	9x/PE1 Tu1 / Fri1 Mon3 / Fri3	9x/PE2 Tu1 / Fri1 Mon3 / Fri3	9x/PE3 Tu1 / Fri1 Mon3 / Fri3	9x/PE4 Tu1 / Fri1 Mon3 / Fri3	9y/PE1 Mon3 / Th4 Th1 / Fri1	9y/PE2 Mon3 / Th4 Th1 / Fri1	9y/PE3 Mon3 / Th4 Th1 / Fri1
03.09.25 – 19.09.25 (3 weeks)	Hockey (Outside/Boots)	Badminton (Trainers)	Football (Outside/Boots)	Netball (Trainers)	Hockey (Outside/Boots)	Football (Outside/Boots)	Netball (Trainers)
22.09.25 – 10.10.25 (3 weeks)	Cross Country (Outside/Boots)	Dance (Trainers)	Netball (Trainers)	Handball (SH) (Trainers)	Cross Country (Outside/Boots)	Dance (Trainers)	Handball (SH) (Trainers)
13.10.25 – 07.11.25 (3 weeks)	Dance (Trainers)	Cross Country (Outside/Boots)	Cross Country (Outside/Boots)	Cross Country (Outside/Boots)	Dance (Trainers)	Cross Country (Outside/Boots)	Cross Country (Outside/Boots)
10.11.25 – 28.11.25 (3 weeks)	Table Tennis (Trainers)	Hockey (Outside/Boots)	Dance (Trainers)	Football (Outside/Boots)	Table Tennis (Trainers)	Hockey (Outside/Boots)	Football (Outside/Boots)
01.12.25 – 19.12.25 (3 weeks)	Football (Outside/Boots)	Football (Outside/Boots)	Table Tennis (Trainers)	Badminton (Trainers)	Football (Outside/Boots)	Table Tennis (Trainers)	Badminton (Trainers)
05.01.26 – 23.01.26 (3 weeks)	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance	Taster Lessons GCSE PE/Dance
26.01.26 – 13.02.26 (3 weeks)	Badminton (Trainers)	Football (Outside/Boots)	Hockey (Outside/Boots)	Dance (Trainers)	Badminton (Trainers)	Handball (ATP) (Outside/Boots)	Dance (Trainers)
23.02.26 – 13.03.26 (3 weeks)	Indoor Athletics (Trainers)	Indoor Athletics (Trainers)	Handball (ATP) (Outside/Boots)	Table Tennis (Trainers)	Indoor Athletics (Trainers)	Indoor Athletics (Trainers)	Table Tennis (Trainers)
16.03.26 – 27.03.26 (2 weeks)	Frisbee (Outside/Boots)	Table Tennis (Trainers)	Rugby (tag) (Outside/Boots)	Indoor Athletics (Trainers)	Frisbee (Outside/Boots)	Rugby (tag) (Outside/Boots)	Indoor Athletics (Trainers)
13.04.26 – 08.05.26 (4 weeks)	L1 – Athletics L2 – Rounders	L1 – Rounders L2 – Athletics	L1 – Athletics L2 – Cricket	L1 – Cricket L2 – Athletics	L1 – Athletics L2 – Rounders	L1 – Rounders L2 – Athletics	L1 – Athletics L2 – Cricket
11.05.26 – 12.06.26 (4 weeks)	L1 – Athletics L2 – Softball	L1 – Softball L2 – Athletics	L1 – Athletics L2 – Softball	L1 – Softball L2 – Athletics	L1 – Athletics L2 – Rounders	L1 – Rounders L2 – Athletics	L1 – Athletics L2 – Cricket
15.06.26 – 21.07.26 (5 weeks)	L1 – Athletics / S&F L2 – OAA	L1 – OAA L2 – Athletics / S&F	L1 – Athletics / S&F L2 – OAA	L1 – OAA L2 – Athletics / S&F	L1 – Athletics / S&F L2 – OAA	L1 – OAA L2 – Athletics / S&F	L1 – Athletics / S&F L2 – OAA

S&F – Striking and Fielding games such as rounders/cricket/softball. Lessons will be outside and may require boots for term 5 (April to May)

OAA – Outdoor Adventurous Activities. Lessons will be outside.